WHEN YOUR HOME ISN’T SAFE

TEXT. CALL. CHAT.
844.997.2121  800.942.6906  OPDV.NY.GOV

TEXT CONFIDENTIALLY WITH A DV/SA ADVOCATE
ACCESS REMOTE COUNSELING THROUGH YOUR LOCAL DV/SA PROGRAM.
CHAT PRIVATELY WITH DV/SA ADVOCATE ON A SECURE WEBSITE

FOR YOUR SAFETY

• Call 911 if you are in immediate danger and the police will respond.
• Seek treatment at a hospital emergency department if needed. Hospitals are open and a safe place to go for medical care.
• Add NYS resource info (above) in your cell phone under a fake contact name to avoid suspicion.
• Create a code word for friends and family that will tell them you need help.
• Know the areas in your home with a lock on the door.
• Prepare a go-bag with important documents, medication and extra clothing.
• Tell your family and friends where you will flee if you need to leave urgently.
• Talk with your children about safety so they have a sense of acceptable situations.
• Advocates are available to help you days, evenings and weekends.